

Grow Confidence With Cooking

Do you want to learn how to cook some simple, healthy meals for you and your family?

We have a couple of spaces remaining... Act soon

- Meet new people
- Re-engage the taste buds
- Find fresh inspiration for new meal ideas
- Improve your health and well-being

Learn to cook using fresh seasonal food on a budget, bring your Tupperware tub to take home your tasty treats...

5 Week course starting Tuesday 12th November 2019

09.30 till 12.00

SFX Church Hall, Richmond, DL10 4AS

To book and for more information please contact our Customer Service Centre on 01609 780780 and ask for 'Adult Learning' or email: north.adultlearning@northyorks.gov.uk