

HOLY ROOD HOUSE

provides short term residential and day visit
therapeutic and pastoral care
for all kinds of people for all kinds of reasons

a safe space when life is falling apart

a retreat at a time of transition

an oasis in the midst of life's turmoils

Professional Counselling and Psychotherapy

BACP

Art & Drama Therapy

Complementary Therapies

Spiritual accompaniment

&

Theological reflection and education through
The Centre for the Study of Theology & Health

**A holistic approach to
Health and Well-Being**

community...spirituality...creativity

What our guests say...

*I was at the edge. Holy Rood House gave me time
and space to step back from the edge...*

*Thank you to everyone for so much kindness,
warmth, understanding and hospitality – a truly safe
haven in a stormy sea.*

*...a feeling of belonging immediately you set foot
into Holy Rood*



In Partnership with
The Guild of Health & St Raphael
www.gohealth.org.uk



working closely with the medical
professions, faith communities,
chaplaincy

statutory and voluntary
agencies and other charities...

towards the health and well-being
of our guests, their families and communities

Holy Rood House
may be just the right place for you
or someone you know...
to stay for a few days or for longer

For... respite from caring

professional therapy following
bereavement, trauma & illness

holiday & time out -
on your own or with
family, friends or colleagues

spiritual retreat & accompaniment

sabbatical and study time

or for your group

YOU ARE WELCOME

Patrons:

Rt Rev Rowan Williams of Oystermouth PC FBA FRSL FLSW

Prof Mary Grey Visiting Professor Emeritus
St Mary's University College, Twickenham

Executive Director:

Rev Elizabeth Baxter MPhil

HOLY ROOD HOUSE

WITH THORPE HOUSE

CENTRE FOR HEALTH AND PASTORAL CARE

'THE PLACE TO TURN TO'



Time and Space for You

EVENTS 2020

(From March 2020)

www.holyroodhouse.org.uk

Holy Rood House
10 Sowerby Road
Thirsk

North Yorkshire
YO7 1HX

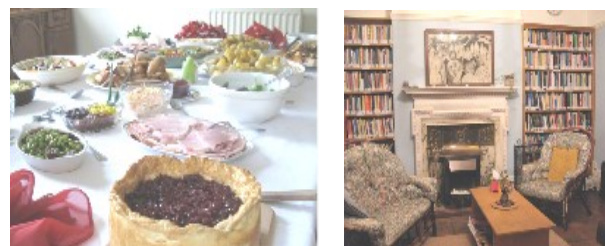
Te: 01845 522580

enquiries@holyroodhouse.org.uk

Charity no: 1099836

All Our Events in 2020 support the Health & Well-being of our Guests

Thorpe House...for events,
meetings, conferences, study,
training....



Book YOUR
Event NOW

MARCH

- 14 Lenten Quiet Garden Day
'The Wild Beauty of the Invisible World'
Helen Warwick
- 21 Trauma Training Day
'Introduction to Domestic Violence Counselling'
Dr Jeanette Roddy

APRIL

- 8-14 Holy Week & Easter Retreat
'Easter People Well on the Way'
with Icon Exhibition & welcoming Revd Andrew de Smet
- 23 Replenish Day
Helen Warwick
- 25 Trauma Training Day
'The Traumatized Self as a Damaged Mind-
Body-Soul Being'
Dr David McDonald

MAY

- 8-10 Men's Spirituality Retreat
'In Growing Orbits'
Poetry, creativity & spirituality
Revd Canon Peter Kenney
- 30 Summer Quiet Garden Day
Helen Warwick

JUNE

- 4-6 The Centre for the Study of
Theology and Health
'Fantasy and Fecundity'
David Gee, Revd Canon Peter Kenney, Revd Professor-
June Boyce-Tillman MBE
- 19-21 Solstice Retreat
Revd Dr Jan Berry
- 25 Replenish Day
Helen Warwick
- 29 AGM Speaker Bishop Alison White

JULY

- 4 Open House and Gardens

AUGUST

- 7 Trifle and Wine Social Event

Self-catering available during parts of August

SEPTEMBER

- 4-6 Men's Spirituality Retreat
Revd Andrew de Smet
- 17 Replenish Day
Helen Warwick
- 19 Trauma Training Day
Helen Proudley

OCTOBER

- 2-4 Community Companions Retreat
'Finding my Unique Voice'
Helen Warwick
- 10 Trauma Training Day
'Working with trauma following community tragedy'
Revd Dr Carla Grosch-Miller

NOVEMBER

- 5-7 The Centre for the Study of Theology & Health
Hildegard Lecture
'Public Theology and the Common Good'
Keynote Speaker and Workshop |Professor Elaine Graham
- 21 Trauma Training Day
'Trauma from a Jungian Perspective'
Revd Canon Peter Kenney
- 27-29 Advent Retreat
'Entertaining Angels' Responding to the othering of you, me
and our environment.
Revd Dr Tiffany Conlin

DECEMBER

- 11-12 Mini Pre-Christmas Retreat/Quiet Garden Day
Helen Warwick
- 23-27 Christmas Houseparty
- 30-3rd January New Year Houseparty

Please see Events on our Website
for leaflets and details
Other events for our Appeal
will be posted on our home page

ADVANCE DATE 2021

The Centre for the Study of Theology and Health
'Vashti's Voices' June 14-18
For women clergy and lay leaders in the churches
See Elizabeth Baxter for details