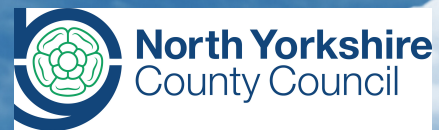




Adult Learning and Skills Service



## **NCFE - Level 2 Certificate in Awareness of Mental Health Problems**

**Would you like to know more about Mental Health how it may affect your clients?  
Do you need to update your skills and improve your employment opportunities?**

Join our NCFE Level 2 Certificate in Awareness of Mental Health Problems course and gain a professional accredited qualification, learning about:

- Mental health
- Stress, anxiety
- Phobias
- Depression and post natal depression
- Bipolar disorder and schizophrenia
- Dementia
- Eating disorders.

**Try a FREE taster session on Friday 28th February 9:30 - 12:30 at  
Catterick Library, Catterick Garrison**

**Then the 10 week course will start on the 11th March and end on  
the 10th June (no lessons during half term)**

**9:30 - 15:30 Catterick Library, Catterick Garrison**

**If you are earning under £16,009.50 you could learn for FREE**

**To enrol and for more information, please contact our Customer Service  
Centre on 01609 780780 and ask for 'Adult Learning' or email  
[north.adultlearning@northyorks.gov.uk](mailto:north.adultlearning@northyorks.gov.uk)**